



**FOR IMMEDIATE RELEASE**

## **2023 Terry Fox Humanitarian Awards Announced** *15 students receive prestigious scholarship valued at up to \$28,000*

**Toronto, ON, Monday, May 8, 2023** – The 15 exceptional young Canadian recipients of the 2023 Terry Fox Humanitarian Award have been announced. The Award provides scholarships valued at up to \$28,000 each to recognize young humanitarians who have demonstrated extraordinary courage and determination in overcoming an obstacle AND positively impacted an area of critical need in society, while excelling in academics, athletics, and civic life. “The Board of Directors and staff of the Program are delighted to announce our new recipients. Each of these incredible individuals remind us of Terry Fox in some way. In them, Terry’s legacy as a humanitarian and inspiration to others continues to better this country. Like Terry, these students respond to the needs of others and commit their efforts to benefiting society. We are very honoured to contribute to their journeys as they pursue their first degrees and beyond,” shares Paulina Chow-White, the Executive Director.

The 15 recipients of the 2023 Terry Fox Humanitarian Award come from all walks of life, and all parts of Canada. Each has faced challenges that have shaped their worldview and driven them to help others in their communities. Whether advocating for marginalized people, mental health, education access, refugee integration, child welfare, environmental action, LGBTQ2 rights, medical and health research or aboriginal rights, each young award recipient is dedicated to changing the world for the better and living a life of action and purpose.

“This year’s recipients were selected from over 839 applicants. More than ever, students need the support of programs like ours. For over 40 years, students coming from the Terry Fox Humanitarian Award Program represent the best of Canada. We hope you will join us in celebrating their accomplishments and wishing them continued success” added Paulina Chow-White.

The 2023 Terry Fox Humanitarian Award recipients are:

- Sophie Duncan, Wolfville, NS
- Marin MacPherson, Quispamsis, NB
- Maïa Feki, Chelsea, QC
- Zahraa Abdul Hasan, Kingston, ON
- Siobhán Marie, Lindsay, ON
- Isabella Gallo, Nepean, ON
- Nyla Nasir, Barrie ON
- Dustin Neal, Caledonia, ON



AQ 5003 - 8888 UNIVERSITY DRIVE  
SIMON FRASER UNIVERSITY  
BURNABY BC, V5A 1S6

- Nancy Shnoudeh, Aurora, ON
- Orion Remoquillo, Winnipeg, MB
- Sophia Young, Regina, SK
- Rhea Bhalla, Calgary, AB
- Joesh Khunkhun, Vancouver, BC
- Shaina Rajwani, Coquitlam, BC
- Sasha Wessels, Abbotsford, BC

**For bios and photos for each of the recipients, please click here: <https://terryfoxawards.ca/current-recipients/>**

The Terry Fox Humanitarian Award Program was created to commemorate Terry's remarkable life and his contributions to cancer research and awareness. Since its inception in, more than 1000 young leaders have received the Award and today are leaders in health, education, sport, law, finance, communications, education, and various other disciplines.

Recognized as one of the most prestigious scholarships in the country, the Terry Fox Humanitarian Award Program is dedicated to honouring and advancing the humanitarian legacy of Terry Fox, one of Canada's most recognized heroes. By encouraging Canadian youth to emulate Terry's courage and determination through volunteer work and humanitarian services, this Award supports the humanitarian leaders of tomorrow.

The Terry Fox Humanitarian Award was established in 1982 with a \$5 million endowment by the Government of Canada under Prime Minister Pierre Elliot Trudeau. Another \$10 million was contributed by Prime Minister Stephen Harper's government in 2006. The endowments are an investment in Canadians, inspiring young humanitarians to seek the high ideals that Terry Fox exemplified.

To learn more about the program and our scholars, please visit: [www.terryfoxawards.ca](http://www.terryfoxawards.ca)

*To schedule an interview with a recipient:*

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